


# How to Use UM Virtual Backgrounds in Cisco Webex Meetings

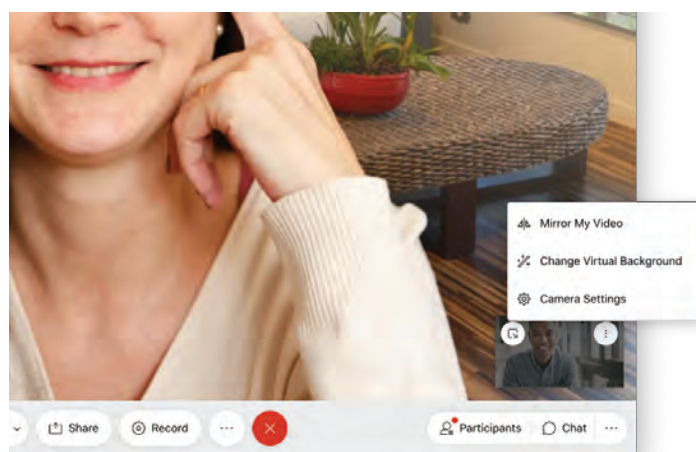
The University of Manitoba has created virtual backgrounds for use with **Webex Meetings**. You can change your background before or during a meeting. Download the UM background images to your computer, then follow the instructions below.


## Before Joining



Click the  **Change background** button on the top right corner to open the background options. Click the “+” sign button and browse your computer to find the UM background images. Select an image and click “Apply”.

## During a meeting



In your self-view window, click the Video options  icon and choose “**Change Virtual Background**” to open the background options. Click the “+” sign button and browse your computer to find the UM background images. Select an image and click “Apply”.

Webex will remember your selection for your next meeting, until you change it again.